

SCOUTS BSA AND VENTURING Leader Guide

Saturday, January 23rd and Saturday, February 6th, 2021 Hawk Mountain Scout Reservation



INSPIRED BY NORTHERN TIER'S OKPIK PROGRAM

Due to current events, the event may be cancelled if deemed necessary

2021 WINTER FEST PARTICIPANTS

Scoutmaster and Senior Patrol Leader:

The excitement and enthusiasm for the 2021 Winter Fest is growing! Guidelines and details for this year's special event is included in this packet. Please ask questions prior to the event if they arise during your preparation for the event.

PARTICIPATING SCOUTS

- Patrols should remain the same at each station throughout the day
- Patrols are expected to follow the trail that is outlined on the map and follow all the instructions given to the Patrol leaders when signing in for the event
- Patrols are always expected to conduct themselves based on the values of the Scouting program
- The Official Scout Field Uniform is <u>**not**</u> expected at this event
- Please dress for the weather. For pointers, please review the equipment list in this guide.
 Scouts not dressed appropriately will be sent home!

UNIT LEADERS

- During the event, unit leaders may walk around with their unit patrols
- For emergency reasons, we require that a minimum of two adult leaders per Troop (one of whom must be over 21 years of age) remain on the Reservation property during the event
- Unlike previous years, there is NO competition this year's event is solely for learning!
- There are no sleds as part of the event this year.
- Please ask your Scouts and Leaders how they feel before coming and keep them home if they feel unwell. Please check for FEVER before coming. Due to the spread of "normal" temperatures, a temperature of 100.0 degrees or more is the threshold. Everyone will be checked upon arrival as well.
- Pre-ordered patches and hats will be available for pickup at the Trading Post the day of the event.

There will be a very limited supply of extra Winter Fest merchandise Please preorder to ensure that we have the items that you want! Orders must be submitted no later than December 18th, 2020

2021 WINTER FEST EVENT INFORMATION FAST FACTS

DATES: Saturday, January 23, and Saturday, February 6, 2021 **THE EVENT WILL BE HELD RAIN, SNOW OR SHINE.**

NO ALTERNATE DATES. Cancellation, if necessary, will be broadcast by email and the Council Facebook page. The call for inclement weather will be made by 5:00 AM the specific day of the event. If the forecast looks like inclement weather, please check your email early that day and use your best judgement if you feel that travel will be treacherous. **Please ensure that the email address that you use to register is accurate in the event we need to cancel or send pertinent event specific information.**

EVENT TIME: 9:00 AM to 4:00 PM (check-in starts at 8:00 AM)

PLACE: Hawk Mountain Scout Reservation - 402 Blue Mountain Rd., Schuylkill Haven, PA 17972

REGISTRATION:

All Units must sign up online using the <u>Tentaroo online registration system</u> by one week prior to each event day (<u>https://hawkmountain.tentaroo.com/</u>). Scouts are \$8.00 and Adults who are not station leads / helpers are \$5.00. Extra activity patches can be ordered/purchased for \$3.50 each but **must be ordered by December 18th using** the form at the end of this packet. The Participant fee includes a round patch and hot chocolate at lunch. The Adult fee includes coffee / hot chocolate and round patch.

Late registrations are discouraged and will be assessed an additional \$2.00 per registrant.

DAY OF THE EVENT:

Check-in will open at 8:00 AM and the event will start **promptly** at 9:00 AM. Please plan to arrive to HMSR with enough time to make it through registration. It is our goal to have everyone through and ready to go at 9:00 AM, but we can only do that if everyone is there and cooperates. **Please gather in a distanced manner in one area for your Unit.** Stations will last approximately 30 minutes with 10 minutes of travel time. Unlike previous years, in keeping with current restrictions and safety measures, there will be **NO patrol cooking**. Lunch will take place at whichever station the patrol was at when that time comes around. Scouts are to pack a lunch. Hot water will be provided to heat up meals.

As a reminder, carpooling is discouraged on the BSA Safe Restart checklist. When your Scouts arrive, please congregate in an area together using distancing measures. We will be monitoring as people arrive and coming to you for check-in.

Please ask your Scouts and Leaders how they feel before coming. If they feel ill, please keep them home. Please also check for FEVER before coming. Due to the spread of "normal" temperatures, a temperature of 100.0 degrees or more is the threshold. Everyone will be checked upon arrival.

WHAT DO I NEED TO BRING?

- Annual Health and Medical Record (BSA Medical Forms) for all participants, both youth and adults parts A and B, not C (the physical). They will be turned in during check-in and given back after the event. Current fillable PDF copies can be downloaded here:
 - https://hmc-bsa.org/wp-content/uploads/2020/12/680-001_AB.pdf. A BSA Safety Moment addressing this topic is at the end of this packet.
- Often, the leader that handles Tentaroo is not the one that will be the onsite leader. If that is the case, please aware of any changes to your Troop / Crew's registration (addition or subtractions of Scouts, etc.). This will make check-in go much quicker.

WINTER FEST PATROLS:

In order to have a great event while keeping with distancing measures, patrols may be no less than 4 and no more than 8 Scouts.

2021 WINTER FEST REQUIRED EQUIPMENT

Remember – COLD

- Clean keep clothing clean so it keeps its insulating properties
- Overheating layering is very important to regulate body heat if needed
- Loose Layers to reiterate, layering is very important
- Dry keep clothing dry wet clothing causes heat loss much faster than dry clothes.

PERSONAL EQUIPMENT LIST (in a backpack)

- Appropriate clothing for the weather. Layering with synthetic fabrics (Polypropylene, Thermax[™], Polarfleece[™], Hollofil[™], Quallofil[™] and Thinsulate[™] are some examples) and wool is the best way to go cotton does not do well, especially when wet! The official Northern Tier Okpik program handbook includes some great resources on this and other topics. Here is what is needed as far as clothing:
 - Winter hat (2021 Winter Fest knit hats are available for preorder!). Just jacket hoods do not count, but they do provide extra protection.
 - Winter boots / insulated hiking boots. No sneakers will be allowed!
 - Socks
 - Extra socks
 - Warm jacket
 - Winter gloves or mittens
- Rain gear
- Pocketknife
- Unch
 - **There is NO patrol cooking this year. Scouts must pack their own lunch.** There will be hot water available at the station they are at for lunch for hot chocolate and
 - to heat up their meals. Some ideas include:
 - Freeze dried camping meals (Mountain House®, AlpineAire, Backpacker's Pantry are popular brands)
 - Instant noodles (adding canned meats such as chicken can provide necessary protein)
 - Military surplus or military style "ready to eat" meals (MRE) if choosing this option, make sure you know how to use them. The chemical heaters can be dangerous if used incorrectly.
 - Search online for other ideas you do not need to purchase a fancy backpacking meal to have a satisfying "hot water" lunch!

Special items required for stations

- Troop / Patrol first aid kit split amongst members
- 2 sturdy wood hiking sticks per Patrol (lightweight aluminum ones will not work for certain activities)
- 1 pen / pencil per Scout
- The usual fire-starting supplies (no liquid fuels light fluid, gasoline, etc.)
- 1 blindfold per Scout
- 1 spoon / spork from mess kit per Patrol
- 1 12-18 inch piece of rope / cordage suitable for lashing per Patrol
- I compass per Scout (orienteering preferred, lensatic acceptable)
- 1 large blanket per Patrol

2021 WINTER FEST **STATIONS**

Pioneering – Scouts will build structures using spars and ropes. The patrols will be building one of the five projects available. Teamwork, group problem solving, and leadership will be used by the participants to build their project.

First Aid – Scouts will learn to apply winter first aid skills through one of two possible scenarios.

Orienteering – Scouts will orient map to compass and navigate their way to set waypoints. Course will end near next Winter Fest station with a Scout stationed at final waypoint.

Fire Building – Scouts will participate in various fire building activities

Survival – Scouts will learn winter weather survival skills and participate in several hands-on events to practice these skills. Skills will include dressing for winter survival, survival kits for winter, alternate forms for fire starting, winter shelter building, signaling for survival.

Scavenger Hunt – Scouts will be doing a scavenger hunt as part of their other activities and will turn it in at the Trading Post at the end of the day for a very special gift

Transportation – Scouts will participate in team and individual races using different modes of snow travel.

Scouting History – Scouts will be asked several Scouting history questions and will learn about the BSA's founding and key moments in Scouting history

Search and Rescue – Patrols will be using the proper methods found in the Search and Rescue Merit Badge book to find and help lost persons in an unknown environment

Surprise Stations – Be Prepared to apply your Scouting skills in any number of possible situations!

2021 WINTER FEST EVENT MAP



- 1. Shober Campfire Circle
- 2.
- з.
- Amangamek Fishing Piers Scout's Chapel Order of the Arrow Village 4.
- 5. Sewage Treatment Plant
- 6. Lake Lodge
- Hofmann Activity Lodge 7.
- 8. Welcome Center
- 9. **Outdoor Skills Program Area**
- 10. Hafer Lodge
- 11. C.O.P.E. Program Area
- 12. Lakefront Pavilion
- 13. Shooting Sports Pavilion 14. Jones Archery Range

- Pioneer Multi-Use Shooting Range Landis Pavilion
- 16. Miller Pool / Shower House Sci, Tech, Eng & Math (STEM) Bldg Pathfinder Program Area 17.
- 18.
- 19.
- 20. Hofmann Admin. Bldg.
- 21.
- Trading Post Willits Dining Hall 22.
- Willits Parade Field 23.
- 24.
- 25.
- Shultz Climbing Tower Shughart Rifle Range Gordon Shotgun Range 26.
- 27. Ford Action Archery Range
- 28. **Cannibal Cove Archery Range**
- Cub Confidence Course 30.
- Washington Field Basketball Court 31.
- 32.
- **Field Pavilion** 33.
- 34. Lenni-Lenape Pavilion
- 35.
- Restrooms Reary Pool / Shower House 36.
- 37. Randy Rowe Lodge
- 38. Warehouse Compound Area
- Camp Ranger's Residence DuPortail Lodge 39. 40.

 - Fox Lodge
- 41. 42. Akela Lodge

- Miller Parade Field 44.
- 45.
 - Marlin Miller Conference Center a. Miller Dining Hall
 - Health Suite b.

 - Activity Room c.
- d. Training Room Meridian Conservation & Ecology Center / Kittatinny Room 46. Iron Scout Bikeathalon Course
- 47. 48.
- 49.
- Extreme Sports Program Area Palmer Golf Driving Nets Meechgalanne BMX Course 50.
- 51. Owl Village
- Wschimuin Ziplines 52.

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Immunization

BSA SAFETY MOMENT ANNUAL HEALTH AND MEDICAL RECORD (AHMR)

SUMMARY

The Scouting adventure, camping trips, high-adventure excursions, and having fun are important to everyone in Scouting—and so is your safety and well-being. Completing the Annual Health and Medical Record is the first step in making sure you have a great Scouting experience.

GENERAL INFORMATION

- The BSA Annual Health and Medical Record (often known as the "medical form" or "annual physical") is designed to help ensure that all participants in the Scouting program are healthy enough for the adventure of Scouting. It is not intended to limit participation but to inform and protect.
- To keep up with possible changes in health status, the form needs to be updated annually or when a participant's health information changes. The record expires in one year.
- The four-part form serves as a single place to document a participant's medical history and recent medical examination. It also provides consent for treatment in the event a participant needs emergency care while traveling away from a parent or guardian.
- Parts A and B should be completed for all participants and Scouting leaders. Part C should be completed by a licensed health care provider (M.D., D.O., N.P., or P.A.) before the participant attends any Scouting event that is longer than 72 hours, such as a summer camp, trek, or multiday excursion.
- The optional "High Adventure Risk Advisory" (formerly known as Part D) needs to be shared with the examining medical provider during the pre-participation examination to explain known health risks for each of the BSA's four high-adventure bases. Additionally, your council may develop a risk advisory specific to your council camps or other properties or events.
- The forms should be maintained by a designated leader. To assure privacy, the forms should be carefully stored and used only as needed to provide for planning and rendering care. The AHMR should not be scanned, stored, or sent electronically except as specifically directed for a BSA national event such as the national jamboree or NOAC.
- Neither the BSA nor the Annual Health and Medical Record are subject to the Health Insurance Portability and Accountability Act (HIPAA). A Scout is Trustworthy: Records and sensitive information should be maintained in a private manner.

ADDITIONAL RESOURCES

- AHMR landing page: www.scouting.org/health-and-safety/ahmr/
- AHMR frequently asked questions: <u>www.scouting.org/health-and-safety/resources/medical-formfaqs/</u>
- Medication Use in Scouting: www.scouting.org/filestore/HealthSafety/pdf/SAFE_USE_OF_MEDICATION_IN_SCOUTING.pdf
- Guide to Safe Scouting, Medical Information and First Aid: www.scouting.org/health-and-safety/gss/gss05/



Restart Scouting Checklist

As always, the safety of our Scouts, volunteers, employees and communities is our top priority. This checklist outlines several minimum guiding protocols that adult leaders/ volunteers must consider while working with local and state health departments, local councils, chartered organizations and Scouting families on when and how to resume meetings, service projects, camping and all other official Scouting activities.

If it is not practical to meet these minimal protocols, do not restart in-person activities.

S = Supervision

- □ Understand local and state guidance on preventing COVID-19 exposure.
- Engage your chartered organization and local council on necessary adjustments.
- □ Conduct the "before you gather" protocols.

A = Assessment

- Identify participants who fall under the CDC's group of higher-risk individuals. Notify all participants about the risks of participating since COVID-19 exposure cannot be eliminated.
- Verify that the planned activity, gathering or group sizes are not prohibited by local or state orders.

F = Fitness and Skill

Review Annual Health and Medical Records and consider using a <u>pre-event screening</u> for all participants.

E = Equipment and Environment

- Verify that handwashing, hygiene and cleaning supplies are available and used properly.
- Monitor social distancing, interactions and sharing of equipment and food among participants.
- Monitor participants for changing health conditions.
- □ Use the "as you gather" protocols.

SAFE **#** Risk-Free

As the response to the pandemic shifts to a state-focused, phased approach, the Boy Scouts of America advises local councils to consult with their local and state health departments, as well as local chartered partners, to implement appropriate protocols to help keep our members, volunteers and employees safe.

Precautions and mitigation strategies are important, but they cannot eliminate the potential for exposure to COVID-19 or any other illness when in-person activities resume.

People with COVID-19 may show no signs or symptoms of illness, but they can spread the virus. Some people may be contagious before their symptoms occur. The fact is that someone with COVID-19 may pass the required health screenings and be allowed into program activities.

The Centers for Disease Control and Prevention (CDC) states that older adults and people of any age who have serious underlying medical conditions are at higher risk for severe illness from COVID-19. If you are in this group, please ensure you have approval from your health care provider prior to resuming in-person Scouting activities.

Every member, volunteer and family must evaluate their unique circumstances and make an informed decision before attending in-person activities.

We hope this information will be helpful as you make that choice.

For updates, please monitor https://www.scouting.org/coronavirus

Before you gather:

As you gather:

Consult your council and chartered organization to understand community standards and protocols in place.

Communicate to all parents and youth that the Boy Scouts of America recommends that no one in the higher-risk category take part in person. Continue to engage virtually.

□ **Communicate** that anyone who feels sick must <u>stay</u> <u>home</u>. If you become sick or develop symptoms, isolate yourself then go home and seek care.

□ **Educate and train** all participants on appropriate social distancing, <u>cleaning and disinfecting</u>, <u>hand hygiene</u> and <u>respiratory (cough or sneeze) etiquette</u> before meeting for the first time. Periodically reinforce the behaviors as needed.

Before attending, upon arrival and at least daily for longer events, all participants <u>should be screened</u> for any of the following new or worsening signs or symptoms of possible COVID-19:

- Cough
- Shortness of breath or difficulty breathing
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- Loss of taste or smell
- Diarrhea
- Feeling feverish or having a temperature greater than or equal to 100.0 degrees Fahrenheit
- Known close contact with a person who is lab-confirmed to have COVID-19

□ **As appropriate**, participants should have <u>face</u> <u>coverings</u> available to wear when gathering or when in public areas or venues. Several coverings per person may be needed.

Communicate that those who take part in person should avoid contact with higher-risk individuals for 14 days after the event.

□ **Minimize group sizes**. Small groups of participants who stay together all day every day, remain <u>6 feet apart</u> and do not share objects are at the lowest risk. Think of a den or patrol that does not mix or gather with other dens or patrols, with supervision that stays with the small group. *Scouting's Barriers to Abuse always apply.*

Stay local to your geographic area and groups for unit activities. If you must travel, limit mixing with others along the way.

□ **Minimize mixing** with parents or siblings unless they are part of the unit activity. For example, the same parent picks up and drops off youth, and stays in the car. No guests or visitors who have not been through the pre-gathering protocols and screening should take part.

□ **Have hand sanitizer**, disinfecting wipes, soap and water, or similar disinfectant readily available for use at meetings, activities and campouts.

□ **Minimize the use** of common areas and shared tools. If unavoidable, they should be thoroughly cleaned and disinfected between uses.

Develop dining protocols (including but not limited to):

- No self-serve buffet meals or common water coolers.
- Use of disposable utensils, napkins, cups and plates.
 Clean and disinfect eating and cooking gear after each use.
- **Develop tenting protocols** for the group:
 - Minimize use of fans or devices that stir the air.
 - Campers should sleep head-to-toe in bunks or cots spaced as far apart as possible.
 - Individual tents, hammocks and bivys may be considered.
- During program activities:
 - Equipment that must be shared should be disinfected before and after each use.
 - Where possible, assign activity-related protective equipment for the duration of an event to a single individual (life jacket, gloves, harness).
 - Effective handwashing before and after each program area use.

□ **In case of an injury or illness**, promptly report the incident, including COVID-19 exposures. Utilize <u>Incident</u> <u>Reporting Resources</u>, including COVID-19 instructions.

When you get home:

Avoid contact with higher-risk individuals for 14 days.
 Monitor for any signs of illness for 14 days, and
 Communicate with your unit leadership should you develop symptoms.



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Model COVID-19 Pre-Event Medical Screening Checklist

Use this checklist to assist in identifying potential COVID-19 cases before event participation.

Review with each youth and adult participant their current health status, both before departure and upon arrival at the event. Anyone entering a camp or event – including visitors, vendors, etc. – must be screened.

Councils should customize with input from their council health supervisor and local health department.

- □ Yes □ No Have you or has anyone in your household been in <u>close contact*</u> in the past 14 days with anyone known or suspected to have COVID-19 or is otherwise sick?
- □ Yes □ No Have you or has anyone in your household been in <u>close contact*</u> with anyone who has been tested for COVID-19 and is waiting for results?
- □ Yes □ No Have you or has anyone in your household been sick in the past 14 days, or have you or they been tested for any illness and are waiting for results?
- □ Yes □ No Has anyone in your household been exposed to an individual known or suspected to have COVID-19 in the past 14 days?

□ Yes □ No Have you or has anyone you have been in <u>close contact</u>* with traveled on a cruise ship or internationally or to an area with a known communicable disease outbreak in the past 14 days?

*According to the Centers for Disease Control and Prevention (CDC), "close contact" means:

- You were within 6 feet of someone who has COVID-19 for a cumulative total of 15 minutes or more over a 24-hour period
- You had direct physical contact with an infected person (hugged or kissed them)
- You shared eating or drinking utensils
- An infected person sneezed, coughed, or otherwise got respiratory droplets on you

If the answer is YES *to any one of the five questions above, the participant must stay home.*

If all answers above are NO, proceed to the symptoms list below.

Symptoms of COVID-19

If anyone in your household has **any one** of the following new or worsening signs or symptoms of possible COVID-19, **the entire household must stay home.**

- □ Shortness of breath
- **Cough**
- □ Fever of 100.0° or greater
- Flu-like symptoms
- **Q** Repeated shaking with chills
- Fatigue
- Muscle or body aches
- Headache
- □ Sore throat
- Loss of taste or smell
- Diarrhea
- Nausea or vomiting

Potential Higher-Risk Individuals

□ Yes □ No Are you in a higher-risk category as defined by the <u>CDC guidelines</u>, including older adults, people with medical conditions, and those with other individual circumstances?

If the answer is "yes," we recommend that you stay home. Should you choose to participate, you must have approval from your health care provider.



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2021 WINTER FEST PATCH & ADDITIONAL ITEMS ORDER FORM



Items not shown to scale Council Patch is standard CSP size of **2 in. x 5 in.**

Round Patch (with loop) is the size of 2.5 in.

Knit Hat will have the **Round Patch** on it.

Staff can purchase additional Staff Patches.

ALL PROCEEDS FROM SALES OF THE 2021 WINTER FEST PATCHES & ITEMS WILL GO TO OFFSET COSTS OF THE EVENT AND BENEFIT OUR SCOUT CAMP

Scouts BSA Orders are due by **Dec 18th** Cub Scout Orders are due by **Jan 15th**

For Unit orders, please return ONE form per Unit. CSPs will not be sold at the event.

Scouters not affiliated with a Unit may use a form to place an order. All items will be picked up at the Trading Post on the day of event.

| Keep for your records | |
|-----------------------|-----------------------------|
| We ordered | 2021 Winter Fest Rounds |
| We ordered | 2021 Winter Fest CSPs |
| We ordered | 2021 Winter Fest Staff CSPs |
| We ordered | 2021 Winter Fest Knit Hats |

-----X-----X

2021 WINTER FEST PATCH ORDER FORM

| | Please circle: Troop / Pack / Crew #: would like to order: |
|------------------|---|
| | 2021 Round Winter Fest Patch (\$3.50) |
| | 2021 Council Shoulder Patches (CSP) (\$4.00) |
| | 2021 Council Shoulder Staff Patches (CSP) (\$5.00) |
| | 2021 Knit Hat with Round Winter Fest Patch (\$7.00) |
| Name: | Address: |
| City: | State:ZIP: |
| Phone Number : _ | Email Address: |
| | Payment may be made by one of the following methods: |
| Cash: | Check: (Payable to: Hawk Mountain Council, BSA) |
| Card: | _ (Circle) Mastercard VISA Discover American Express |
| For payment by | Credit Card please call our Council Office Shop at (610) 926-3406, in order to pay over the phone |

Please make a copy of this form for your records and mail the original with your payment to: Hawk Mountain Council, BSA | 5027 Pottsville Pike, Reading, PA 19605