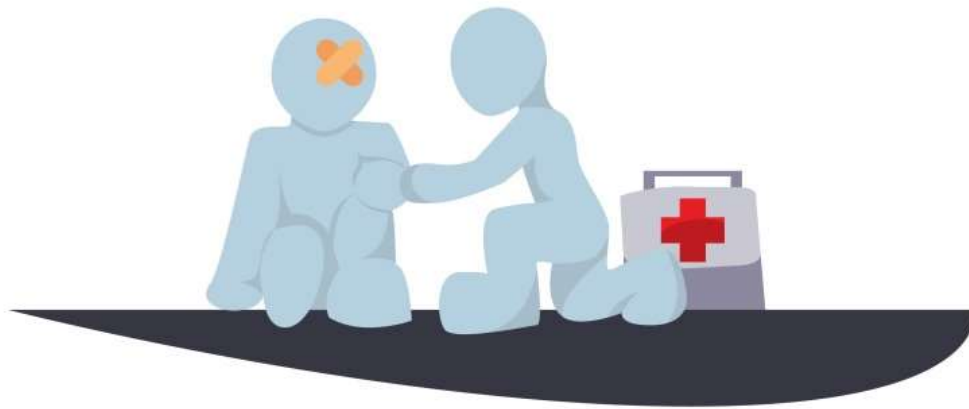




**Hawak Mountain Council
Frontier District
2021
Scouts BSA
First Aid Meet**



**April 24th 2021
Kutztown Park
439 E Main St
Kutztown, PA 19530**



FRONTIER DISTRICT 2021 FIRST AID MEET



DATE: Saturday, April 24, 2021. NO ALTERNATE DATE -
EVENT WILL BE HELD RAIN, SNOW OR SHINE.
Cancellation, if necessary, will be via E-Mail by 6:00 am on
Saturday.

TIME: 7:45 AM to 12:00 PM. Event starts at 8:15 PM
12:00 PM – 3 PM First Aid Merit Badge

- (Badge Optional – Must attend all day!)
- bring bag lunch and drink
- Merit Badge Pre-requisites & Blue Card due 8 AM

LOCATION: Kutztown Park (at the rear, near the tennis courts)
439 E Main St
Kutztown, PA 19530

EVENT GOALS:

- Develop Leadership
- Encourage Teamwork within Patrol
- Measure First Aid Proficiency
- Teach New First Aid Methodologies and Information.
- OPTIONAL PM Merit Badge:
 - Scouts can choose to earn the First Aid Merit badge by:
 - 1) Bringing a signed Blue Card from their Scoutmaster
 - 2) Complete Pre-Requisites (#1, #2A, & #6 -2 of following listed on worksheet) -
<http://www.usscouts.org/mb/worksheets/first-aid.pdf>
 - 3) They must present the above at 8 AM check-in and participate in the AM First Aid Meet.
 - 4) They must attend the PM sessions till approximately 3 PM

ALL SCOUT INFORMATION

- ☐ A Backpack packed like you're going on a day hike as a patrol. The Patrol must have one appropriate first kit.
- ☐ Nitrile or Latex gloves must be a part of the first aid kit and must be worn when treating bleeding cases. This requirement cannot be improvised.
- ☐ Plastic goggles must also be a part of each first aid kit and must be worn when treating bleeding cases. Only first aid treaters directly treating the bleeding segment of the problems need to wear the gloves and goggles.
- ☐ Articles of clothing may only be used for padding.
- ☐ Neckerchiefs, neckties, and similar clothing may be used for tying splints.
- ☐ 2 one-liter water bottles filled with water.
- ☐ Personal first aid kit for each patrol member on top of the troop first aid kit.
- ☐ The troop/patrol first aid kit cannot be a huge kit.
- ☐ Scouts must each bring sunscreen or bug spray.
- ☐ Each patrol must have at least one copy of one of the following, a Current Scout Handbook, Field Guide or First Aid Merit Badge book.
- ☐ Patrol must have paper and a writing instrument.
- ☐ Each scout must have an appropriate hiking snack.
- ☐ Each scout must have the appropriate shoes and class A for the meet.
- ☐ If wanting to earn the First-Aid Merit badge
 - ☐ Bring a signed Blue Card from their Scoutmaster
 - ☐ [Complete Pre-Requisites \(#1, #2A, & #6 -2 of following listed on worksheet\)](http://www.usscouts.org/mb/worksheets/first-aid.pdf) - <http://www.usscouts.org/mb/worksheets/first-aid.pdf>
 - ☐ All Pre-Requisite work must be present on the day of and presented to Randy Noll or his designee from the committee at 8 AM.
 - ☐ Actively attend entire day (8 AM to 3 PM)
 - ☐ Bring a packed lunch and drink for lunch (PM snack if desire)

Scout Leadership Information

- Remind scouts to pack and prepare for merit badge option
- Recruit Webelos Scouts to attend and if more than 8 scouts, break your patrols to represent as many rank levels as possible
- Setup Patrols and make patrol flag and patrol cheer – encourage patrol unity and leadership
- Recruit Adult volunteers to work stations and be event judges
- Work with Adult leadership to register by discount deadline - **Thursday, March 25th, 2021**
- After the SPL checks/ registers the patrol/s (7:45-8:15 AM), the whole patrol/s must report as a unit to the Patrol inspection to ensure that each Scout has all the required items.
- Poles will be provided for any caring scenarios.
- Injured victims will be provided for two scenarios in which they are needed, however the patrol will need to provide their own sick or injured victims for the rest.
- Review “Additional Information for Event” - Scenario sample and prepare your patrols
- As a reminder from National, carpooling is discouraged on the BSA Safe Restart checklist included in this guide. When your Scouts arrive, please congregate in an area together using distancing measures. We will be monitoring as people arrive and ask you only have the SPL come to the registration table for check-in.
- Per Council guidelines, we ask that you wear masks at this event and ask your Scouts and Leaders how they feel before coming. If they feel ill, please keep them home. Please also check for FEVER before coming. Due to the spread of “normal” temperatures, a temperature of 100.0 degrees or more is the threshold. If a scout has a temperature, please keep them home.

Additional General Information for Event:

Scenarios:

Each problem will be based on the first aid requirements for the First Aid Merit Badge. The latest edition of the official Scout Handbook, the First Aid Merit Badge pamphlet and scout field guide will be the authority for each problem and the decision of the Chief Judge will be final. All judges will use a uniform scoring system and will be rotated to different teams for each of the scenarios. A graduated scoring system will be used (1,3, or 5 points) to earn credit for partially correct answers. Coaching from the sidelines will disqualify any Patrol at the judge's discretion. Using a Webelos Scout you brought as a 'victim' improves your score by 1 point (maximum 1 point per station).

Flags:

Troops and Patrols are expected to bring flags to the Meet.

Adult Scout Leadership Information for Event:

Remember – As a Scout Leader your role is teach and guide scouts leadership. Coach the scout leadership to prepare their patrols and your actions should be focused on coaching and registration actions! The event success requires adult volunteers and/or Life Scout volunteers at stations (if you have several older scouts that have done first aid meet and wants to give back to other scouts, you can offer them as event volunteers with scoutmaster approval).

Registration:

ADVANCED REGISTRATION IS A MUST! Online registration can be done from the Hawk Mountain Council Calendar page, www.hmc-bsa.org. A registration form can be found at the end of this document as well. The advanced registration fee of **\$9.00** per Scout must accompany the registration form and must be turned into the Scout Service no later than **Thursday, March 25th, 2021.**

The late registration fee per Scout is **\$3.00** on top of the original \$9.00 per Scout fee for those Troops NOT making registration deadline above for a total of **\$12.00**. The walk-in fee on the day of the event is **\$15.00** per Scout.

Judges:

Each Team will be required to indicate the name of at least 1 Adult Judge and/or station helper. This judge will need to there not only for the First Aid Meet but strongly encouraged for a Judge's Meeting on **April 14th**, at the Stated Roundtable meeting, 7pm. (Roundtable occurs at the Pike Township Sportsmen's Association, 860 Hill Church Rd, Oley, PA 19547.)

The preferred qualifications for adult judges are knowledge of basic first aid. They will be thoroughly briefed at the judges' meeting on scoring the problems. We suggest utilizing local ambulance counselors, Troop Committee members, and parents. Judges WILL NOT judge their own Unit's Patrol. Judges will judge no more than two scenarios for a given patrol.

Recognition:

The meet is NOT a competition among Patrols, but a measure of each Patrol's level of first aid proficiency. The top five patrols will be recognized for their proficiency.

Check-in:

Check-in on April 24th will begin at 7:45 AM and will last until 8:15 AM in the rear of

the park near the tennis courts. During this time, each Patrol will go through the Patrol Inspection after the SPL checks the unit in.

The Patrol Leader will be the designated Patrol spokesperson. The Patrol Leader will register the Patrol with the Chief Judge and receive instructions for the patrol. Special emphasis and scoring will be placed on the Patrol Leader's leadership abilities.

Explanation of Station Procedures:

- The problem will be announced/read to each Patrol by a station Judge or Staff managing the Station.
- Staff or Judge managing the Station will tell the patrol when to start and tell them how they must do the scenario. The time limit for each station is 25 minutes.
- Upon the completion or the end of the time limit, whichever occurs first, the patrol shall, upon the Judge's/ Staff's instruction, remove all bandages, splints, etc. from the "victim", replace all unused materials, and pack in their backpacks to move on to the next station.

Visitors:

Visitors are welcome! All visitors, as well as Scoutmasters and other adult leaders must remain in the spectator areas in a masked and socially distant manner once the meet begins.

Where can I get questions answered?

Contact First-Aid Committee members (Try in Order)

Randy Noll 484-264-0911

Colleen Lichtenwalner 610-703-4851

Keith Lichtenwalner 610-703-4639

Frontier District 2021 First Aid Meet

SAMPLE SCENARIO

TEAM NUMBER	TROOP NUMBER
JUDGE NAME	

Problem No. 1

Scenario

Your patrol is outside your regular meeting place, having just completed your weekly patrol meeting. You hear screeching tires and a loud crash. As you run to investigate, you see that two cars have collided in an intersection. One driver appears to be unhurt and is out walking around. However, the other driver has apparently gotten out of the car on his own, but is now lying alongside it on the road.

The driver lying along the road is moaning and seems to be confused. There is a gash on his forehead, possibly from hitting the windshield.

Provide emergency treatment. You have 10 minutes.

Treatment Protocol

Treatment Step	Check	Available Points	Awarded Points
Did the Patrol assess the scene for safety (traffic control, spilled gasoline, etc.) & Ask Permission to Treat		1-3-5	
Did the Patrol interview the patient to determine what happened and what the level of consciousness is?		1-3-5	
Possible Head injury			
Did the Patrol adequately stabilize the neck and spine by holding it steady?		1-3-5	
Did the Patrol adequately maintain control of the neck and spine throughout the evolution?		1-3-5	
Forehead laceration			
Did the Patrol apply a compress to the wound?		1-3-5	
Did the Patrol apply a bandage to the wound?		1-3-5	
Treat for shock			
Make comfortable		1-3-5	
Provide covering/blanket/jacket		1-3-5	
Reassure patient		1-3-5	
Did the Patrol send someone for help? Did someone make a call to 911? Did they provide name, location, patient age, and patient condition to the operator?		Enter points from 911 scorecard.	
Did the Patrol have a leader?		1-3-5	
Did the Patrol exhibit good teamwork?		1-3-5	
Did a Webelos scout participate as a 'victim' that the Patrol brought with them?		0-1	
TOTAL POINTS		61 Possible	

**HAWK MOUNTAIN COUNCIL
FRONTIER DISTRICT**

2021 SCOUTS BSA FIRST AID MEET REGISTRATION FORM

Saturday April 24th, 2021 - Kutztown Park

TROOP # _____ will have _____ Patrols participating in the First Aid Meet!

Please register _____ Scouts @ **\$9.00 each** = _____

Leader in Charge: _____

Address: _____

Phone Number: (____) _____

Email: _____

Troop Provided Volunteers need to staff Stations (At least One per Patrol needed for success!):

Name	A or L	Phone Number
_____	_____ (____)	_____
_____	_____ (____)	_____

Report to check-in 8 AM – indicate A for adult or L for life scout):

PLEASE SUBMIT REGISTRATION AND FEE BY **Thursday, March 25th, 2021** TO:

**HAWK MOUNTAIN COUNCIL
FRONTIER DISTRICT SCOUTS BSA FIRST AID MEET
5027 POTTSVILLE PIKE
READING, PA 19605-1284**

____ (Check): Make checks payable to: Hawk Mountain Council

____ (Credit Card): (circle one) MasterCard – Visa – Discover

Name as it appears on card: _____

Address: _____

Credit Card Number: _____

Expiration Date: _____ 3 digit code on back of card: _____

Please Note: A \$3.00 per Scout late fee is applied after March 25th 2021 deadline. There is no alternate date and the event is rain or shine. Apologies, refunds are not available unless cancelled by District.



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Pre-Event Medical Screening Checklist

This is a tool to assist leaders in identifying potentially communicable diseases in advance of event participation. The intent of this checklist is to review with each participant their current health status both before departure and upon arrival at the event.

Has the participant had any of the following symptoms in the last 24 hours?

- ☐ Fever (100.4 F or greater)
- ☐ Vomiting
- ☐ Diarrhea

If the participant has fever, vomiting, OR diarrhea—**he or she should stay home.**

Has the participant had any of the following symptoms in the last 24 hours?

- ☐ Unexplained extreme fatigue or muscle aches
- ☐ Rash
- ☐ Cough
- ☐ Sore throat
- ☐ Open sore

If the participant has any two (or more) of these symptoms—**he or she should stay home.** If the participant has one of these symptoms, discuss any limitations and restrictions and consider having him or her stay home.

Participants who become ill should not return to the activity until they are cleared by a health-care provider.





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Restart Scouting Checklist

As always, the safety of our Scouts, volunteers, employees and communities is our top priority. This checklist outlines several minimum guiding protocols that adult leaders/volunteers must consider while working with local and state health departments, local councils, chartered organizations and Scouting families on when and how to resume meetings, service projects, camping and all other official Scouting activities.

If it is not practical to meet these minimal protocols, do not restart in-person activities.

S = Supervision

- ☐ Understand local and state guidance on preventing COVID-19 exposure.
- ☐ Engage your chartered organization and local council on necessary adjustments.
- ☐ Conduct the “before you gather” protocols.

A = Assessment

- ☐ Identify participants who fall under the CDC’s group of higher-risk individuals. Notify all participants about the risks of participating since COVID-19 exposure cannot be eliminated.
- ☐ Verify that the planned activity, gathering or group sizes are not prohibited by local or state orders.

F = Fitness and Skill

- ☐ Review Annual Health and Medical Records and consider using a [pre-event screening](#) for all participants.

E = Equipment and Environment

- ☐ Verify that handwashing, hygiene and cleaning supplies are available and used properly.
- ☐ Monitor social distancing, interactions and sharing of equipment and food among participants.
- ☐ Monitor participants for changing health conditions.
- ☐ Use the “as you gather” protocols.

SAFE ≠ Risk-Free

As the response to the pandemic shifts to a state-focused, phased approach, the Boy Scouts of America advises local councils to consult with their local and state health departments, as well as local chartered partners, to implement appropriate protocols to help keep our members, volunteers and employees safe.

Precautions and mitigation strategies are important, but they cannot eliminate the potential for exposure to COVID-19 or any other illness when in-person activities resume.

People with COVID-19 may show no signs or symptoms of illness, but they can spread the virus. Some people may be contagious before their symptoms occur. The fact is that someone with COVID-19 may pass the required health screenings and be allowed into program activities.

The Centers for Disease Control and Prevention (CDC) states that older adults and people of any age who have serious underlying medical conditions are at higher risk for severe illness from COVID-19. If you are in this group, please ensure you have approval from your health care provider prior to resuming in-person Scouting activities.

Every member, volunteer and family must evaluate their unique circumstances and make an informed decision before attending in-person activities.

We hope this information will be helpful as you make that choice.

For updates, please monitor
<https://www.scouting.org/coronavirus>

Before you gather:

- ☐ **Consult** your council and chartered organization to understand community standards and protocols in place.
- ☐ **Communicate** to all parents and youth that the Boy Scouts of America recommends that no one in the higher-risk category take part in person. Continue to engage virtually.
- ☐ **Communicate** that anyone who feels sick must [stay home](#). If you become sick or develop symptoms, isolate yourself then go home and seek care.
- ☐ **Educate and train** all participants on appropriate social distancing, [cleaning and disinfecting](#), [hand hygiene](#) and [respiratory \(cough or sneeze\) etiquette](#) before meeting for the first time. Periodically reinforce the behaviors as needed.
- ☐ **Before attending**, upon arrival and at least daily for longer events, all participants [should be screened](#) for any of the following new or worsening signs or symptoms of possible COVID-19:
 - Cough
 - Shortness of breath or difficulty breathing
 - Chills
 - Repeated shaking with chills
 - Muscle pain
 - Headache
 - Sore throat
 - Loss of taste or smell
 - Diarrhea
 - Feeling feverish or having a temperature greater than or equal to 100.0 degrees Fahrenheit
 - Known close contact with a person who is lab-confirmed to have COVID-19
- ☐ **As appropriate**, participants should have [face coverings](#) available to wear when gathering or when in public areas or venues. Several coverings per person may be needed.
- ☐ **Communicate** that those who take part in person should avoid contact with higher-risk individuals for 14 days after the event.

As you gather:

- ☐ **Minimize group sizes.** Small groups of participants who stay together all day every day, remain [6 feet apart](#) and do not share objects are at the lowest risk. Think of a den or patrol that does not mix or gather with other dens or patrols, with supervision that stays with the small group. *Scouting's [Barriers to Abuse](#) always apply.*
- ☐ **Stay local** to your geographic area and groups for unit activities. If you must travel, limit mixing with others along the way.
- ☐ **Minimize mixing** with parents or siblings unless they are part of the unit activity. For example, the same parent picks up and drops off youth, and stays in the car. No guests or visitors who have not been through the pre-gathering protocols and screening should take part.
- ☐ **Have hand sanitizer**, disinfecting wipes, soap and water, or similar disinfectant readily available for use at meetings, activities and campouts.
- ☐ **Minimize the use** of common areas and shared tools. If unavoidable, they should be thoroughly cleaned and disinfected between uses.
- ☐ **Develop dining protocols** (including but not limited to):
 - No self-serve buffet meals or common water coolers.
 - Use of disposable utensils, napkins, cups and plates.
 - Clean and disinfect eating and cooking gear after each use.
- ☐ **Develop tenting protocols** for the group:
 - Minimize use of fans or devices that stir the air.
 - Campers should sleep head-to-toe in bunks or cots spaced as far apart as possible.
 - Individual tents, hammocks and bivvies may be considered.
- ☐ **During program activities:**
 - Equipment that must be shared should be disinfected before and after each use.
 - Where possible, assign activity-related protective equipment for the duration of an event to a single individual (life jacket, gloves, harness).
 - Effective handwashing before and after each program area use.
- ☐ **In case of an injury or illness**, promptly report the incident, including COVID-19 exposures. Utilize [Incident Reporting Resources](#), including COVID-19 instructions.

When you get home:

- ☐ **Avoid contact** with higher-risk individuals for 14 days.
- ☐ **Monitor** for any signs of illness for 14 days, and
- ☐ **Communicate** with your unit leadership should you develop symptoms.